Donation points and other projects we run can be found on our website and Facebook page.

We will work in partnership with others to identify people in need.



Like us on Facebook



@WDCommFoodshare

FOODSHARE OUTLETS OPENING TIMES

Alexandria Community Centre Thursday - 11.00am - 12.30pm

Dumbarton Concord Centre Friday 11.00am - 12.30pm

The Hub C.E. Centre, Clydebank Friday 1.00pm - 2.30pm

Telephone: 01389 764135 wdcommunityfoodshare@outlook.com www.westdunbartonshirecommunityfoodshare.co.uk



Sept 19

West Dunbartonshire

Community **Foodshare**

Together we can make a difference

Scottish Charity number: SC044248

Foodshare aims to support individuals and families through an otherwise difficult situation where the alternative is doing without food for a period of time.

You can help

Here are some suggestions:

Shopping list

Pasta" n" Sauce

- 1 Pasta/Curry Sauces
- 1 Microwave Rice
- 1 Tins of Soup
- 1 Tins of Beans/Spaghetti
- 1 Rice/Pasta
- 1 Tinned Meat/Fish
- 1 Tinned Vegetables
- 1 Tinned Potatoes
- 1 Toilet rolls/toiletries

Any other food / non-food you wish to donate will be gratefully accepted.

- West Dunbartonshire Community Foodshare provides a minimum of three days non-perishable emergency food to local people in crisis.
- All food given out is donated by the local community.