

**DUMBARTON**

**TUESDAY - THURSDAY • 9.30am – 4pm**

Concord Centre, St. Mary's Way,  
Dumbarton G82 1LJ



# WD for FAMILIES HUB

**JANUARY - MARCH**

Drop in Tuesday-Thursday 9am-4pm for signposting to a range of supports or join a group session for strategies in:

Supporting Behaviour

Wednesday

24th, 31st Jan, 7th,  
21st, 8th Feb & 6th

March

9.30-11.30am

Supporting

Sleep

Thursday

29th Feb, 7th,  
14th & 21st

March

9.30-11.30am

Social Security

Scotland

Wednesday

17th Jan, 21st Feb &  
20th March

1-4pm

Scan the QR code for  
further information  
and supports offered  
via Hub:



Drop in or email the address below to attend group sessions. Email: [wdforfamilies@west-dunbarton.gov.uk](mailto:wdforfamilies@west-dunbarton.gov.uk)



**COMMUNITY PLANNING  
WEST DUNBARTONSHIRE**

West  
**Dunbartonshire  
COUNCIL**